**High Plains Technology Center**

**Health Careers**

**Learning Activity Packet (LAP) for Nursing Assistant**

**Related unit of instruction:**

Mental Health Care: Past and Present

**Approximate Completion time:**

6hours

**Rationale for the Lap:**

This LAP is designed to prepare the student to discuss mental health care past and present.

**Criteria for successful completion:**

By the end of this LAP the student will

1. Read and turn in end of chapter questions for Chapter 1 in Marshburns, Cox-Stevens and Thomson’s *The Mental Health Worker: Psychiatric Aide,* Delmar Learning, 2007
2. Pass the test for the chapter

**Learning Objective:**

Mental Health Care: Past and Present Chapter 1

1. Define and correctly spell each of the key terms.
2. Discuss and contrast the attitudes toward mental illness throughout history.
3. Name three people who contributed to the development of modern psychiatric treatment.
4. Name five different types of healthcare settings.
5. List at least five disciplines in the field of mental health.
6. List ten characteristics of an effective mental health worker.