**High Plains Technology Center**

**Health Careers**

**Learning Activity Packet (LAP) for Nursing Assistant**

**Related unit of instruction:**

Mental Health - Normal Growth and Development

**Approximate Completion time:**

6hours

**Rationale for the Lap:**

This LAP is designed to prepare the student to discuss normal growth and development.

**Criteria for successful completion:**

By the end of this LAP the student will

1. Read and turn in end of chapter questions for Chapter 2 in Marshburns, Cox-Stevens and Thomson’s *The Mental Health Worker: Psychiatric Aide,* Delmar Learning, 2007
2. Pass the test for the chapter

**Learning Objective:**

Normal Growth and Development Chapter 2

1. Define and correctly spell each of the key terms.
2. Discuss normal growth and development.
3. List Erikson’s eight stages of development.
4. Know the main characteristics of each stage of development.