**High Plains Technology Center**

**Health Careers**

**Learning Activity Packet (LAP) for Therapy Technician**

**Related unit of instruction:**

Occupational Therapy Agents and Modalities

**Approximate Completion time:**

15 hours

**Rationale for the Lap:**

This LAP prepares the student to assist with occupational therapy agents and modalities.

**Criteria for successful completion:**

By the end of this LAP the student will

1. Read and answer end of chapter questions for Chapters 14 and 15 in *Introduction to Occupational Therapy 4th Ed,* O’Brien and Hussey, 2012.
2. Pass the tests for the chapters.

**Learning Objective:**

Models of Practice and Frames of Reference Chapter 14

1. Define theory, model of practice (MOP), and frame of reference (FOR).
2. Discuss the importance of using a model of practice and frame of reference.
3. Understand how research supports practice.
4. Identify the components of a frame of reference.
5. Summarize selected occupational therapy (OT) models of practice.
6. Identify the principles guiding selected frames of reference.

Intervention Modalities Chapter 15

1. Identify the principal tools of occupational therapy (OT) practice.
2. Describe the difference between preparatory, purposeful, simulated, and occupation-based activity.
3. Describe the use of consultation and education in occupational therapy practice.
4. Explain the purpose of activity analysis, and describe its application to occupation.
5. Understand the role of the OT practitioner in the use of physical agent modalities.
6. Understand the role of the OT practitioner in orthotics and assistive technology.