**High Plains Technology Center**

**Health Careers**

**Learning Activity Packet (LAP) for Nursing Assistant**

**Related unit of instruction:**

Mental Health - General Patient Care

**Approximate Completion time:**

6hours

**Rationale for the Lap:**

This LAP is designed to prepare the student to discuss patient care in the mental health environment.

**Criteria for successful completion:**

By the end of this LAP the student will

1. Read and turn in end of chapter questions for Chapter 6 in Marshburns, Cox-Stevens and Thomson’s *The Mental Health Worker: Psychiatric Aide,* Delmar Learning, 2007
2. Pass the test for the chapter

**Learning Objective:**

General Patient Care Chapter 6

1. Define and correctly spell each of the key terms.
2. Discuss the importance of personal hygiene for patients.
3. Explain what is meant by the term, hygiene.
4. Identify normal and abnormal patient vital signs.
5. Describe how to perform a neurological check.
6. Discuss height and weight and the importance of getting accurate measurements.
7. Discuss the classifications of common psychiatric medications and list at least five side effects of each.
8. List the four steps to take when you are assessing a patient who complains of ill health.