**High Plains Technology Center**

**Health Careers**

**Learning Activity Packet (LAP) for Therapy Technician**

**Related unit of instruction:**

Effective Communication for the Occupational Therapy Aide

**Approximate Completion time:**

15 hours

**Rationale for the Lap:**

This LAP is designed teach the student communication skills specific to the occupational therapy environment.

**Criteria for successful completion:**

By the end of this LAP the student will

1. Read and answer end of chapter questions for Chapters 10 and 16 in *Introduction to Occupational Therapy 4th Ed,* O’Brien and Hussey, 2012.
2. Pass the tests for the chapters.

**Learning Objective:**

Occupational Therapy Across the Life Span Chapter 10

1. Understand the changes in occupation across the life span.
2. Understand the developmental tasks throughout the life span.
3. Understand client factors across the life span.
4. Describe the types of clients with whom occupational therapy (OT) practitioners work.
5. Understand the unique services provided by occupational therapy at each developmental stage.

Therapeutic Relationships Chapter 16

1. Explain the uniqueness of the therapeutic relationship.
2. Identify the stages of loss.
3. Describe how “use of self” is used by practitioners.
4. Understand the importance of self-awareness for effective therapeutic relationships.
5. Identify the three “selves” recognized in self-awareness.
6. Explain the skills needed for developing effective therapeutic relationships.
7. Describe the necessary skills for leading groups.